



LENNOXVILLE UNITED CHURCH

You Are Not Alone November 3, 2019



Approximately 100 people gathered at Lennoxville United Church, 6 Church Street, Sherbrooke, Borough of Lennoxville for a very touching and informative service for Mental Health: "You are Not Alone". Organized by the members of the LUC OutReach Team, Mental Health Estrie and our Bishop's University friends, Jamie Crooks, Daniel Miller and Tim Doherty, this service was intended to break the silence and remove the stigma around mental health issues and to let our friends, family and community know that they are not alone. We were each given a green ribbon to wear as we entered the Church where we were warmly welcomed by Kristan McKercher.



During the Litany: "Lights Shining within the Darkness", candles of Truth, Healing, Understanding, Hope, Compassion, Faith and Steadfast Love were presented by Carolyn Leonard and Heather Thompson, Marilyn Magwood and Leigh Hortop-Di Mascio, Pam Wilson and Jean Dion, Kristan McKercher and Anthony Di Mascio, Doug and Nancy Blair, Nancy Rowell and Larry Everett, Nancy Sutor and Eric Nutbrown.



Readings were given by Marilyn Magwood for the Young @ Heart, Nancy Sutor read the poem “For all Those People” by Ella J. Phillips and the Gospel reading was given by Nancy Rowell.



Following the particularly appropriate sermon given by Rev. Linda Buchanan, Esther Barnett and Tanya Gibson spoke about the work of Mental Health Estrie. The Anthem “Lost” by Jann Arden was strikingly rendered by Daniel Miller. Jenn Cianca and Rev. Linda Buchanan shared the time of Community Prayer with Jenn singing “If it Be Your Will” by Leonard Cohen, interspersed with Rev. Linda’s prayers.



Our wonderful Lennoxville United Church choir members were joined by Jamie Crooks, choir director and his friends from Bishop's University: Jill Lalonde, Jenn Cianca, Daniel Miller and Tim Doherty who also produce the eye-catching posters used to publicize this event. The final anthem, "Hey Jude" by The Beatles, was sung, played and directed by Jamie Crooks accompanied by the beautiful voices of the members of the combined choir and was an uplifting conclusion to a most meaningful service.



Although this service was in no way intended to be a fund raiser, the generous monetary support of the congregation enabled the OutReach Team to donate \$1,050.00 to Mental Health Estrie. The organizers and participants extend their deep appreciation of the enthusiastic support of our community, families and friends.

Seen in the photo is Tanya Gibson of Mental Health Estrie accepting the donation from the Treasurer of Lennoxville United Church, Jack Noble.



Photos: Jack Noble

Text: Frankie Noble

2019-10-27

Published by: Bruce Durrant